

## **STUDENT ID CARDS (from RETAKES)**

Your Student ID cards from the photo retakes have arrived and are now ready for pickup. Please come by the office during lunch or after school to pick them up.

### Literacy and Numeracy Assessments—October 30, November 1 and 2

All Gr. 12 IB students will be writing their Lit 12 assessments Monday, October 30<sup>th</sup> beginning at 8:30. Period 1 and 2 classes have been cancelled on that day to facilitate this assessment, which is required for graduation. Lists have been posted around the school identifying where students will be writing.

Some students have been contacted by Ms. Nembhard about writing their Lit 10 and/or Num 10 assessments. These assessments are required for graduation. The Lit 10 assessment will be written Wednesday, November 2 at 12:30. The Num 10 assessment will be written Thursday, November 3 at 8:30. Both assessments will take place in the Library Learning Commons (students who will be writing in the Learning Centre will be contacted by their case manager).

Please reach out to Ms. Nembhard if you have any questions.

### Grade 9—Take Our Kids to Work

We are pleased to participate again Take our Kids to Work<sup>™</sup> Wednesday, November 1. Take Our Kids to Work<sup>™</sup> is an annual national program in which Grade 9 students are hosted by parents/guardians, friends, relatives, and volunteers at workplaces across the country every November. The program supports career development by helping students connect school, the world of work, and their own futures. Grade 9 students will not attend school on this day; their day will consist entirely of being at a work site (those who work remotely are also encouraged to participate in the day). Students will share their learning through a follow-up activity later in the week.

# Please check your Grade 9 student's SchoolCashOnline account, complete the consent form, and submit at your earliest convenience so that the absence can be excused.

If you have any questions, please reach out to Ms. Denise Nembhard, Vice Principal: <u>dnembhard@sd43.bc.ca</u>

### **SPIRIT WEEK: OCTOBER 25-31**

Hey PMSS! Ready for a bit of pre-Halloween fun? From dressing up to throwing it back for some quirky nostalgia, your first PMSS Spirit Week is here!

- Thursday, October 26: Dress like a celebrity
- Friday, October 27: Formal Friday wear your finest suit or dress.
- Monday, October 30: Mini Me Monday dress up like your younger, elementary school self!
- **Tuesday, October 31:** Halloween Costumes. Remember to keep your outfits school-appropriate, meaning no derogatory clothing and keep in mind that cultures are not a costume!

### The Annual Boo Bash: October 31 at Lunch

Join us in the large gym for a lunchtime of spooky Halloween activities. The event will feature:

- Costume Contest via Microsoft Forms (opens Oct 31, 8:00am):
  - Gift card prizes for the top costume in each of the following categories: scariest, funniest, most creative, best group (2-5 people), best Block 2 class, and best costume during live judging
- Various club booths
- Musical performances
- Riddles/Mystery Boxes for chances to win free candy.
- LIVE costume contest, judged by fellow PMSS teachers.

## **REMEMBRANCE DAY CEREMONY**

Any Cadets wishing to be part of the Assembly, please come to a brief meeting in Room 310 on Friday Nov.3 at lunch.

## BASKETBALL

ANY grade 9/10 female interested in playing basketball this season please sign up here. Try-out dates are set for NOV 14<sup>th</sup> and Nov 15th 4pm-530pm.



### VANCOUVER SUN RUN

Whether it's to become more fit, try something new and push yourself, or make new friends and fun memories YOU should join our school's Vancouver Sun Run team, the "Blues Run Club"! The Vancouver Sun Run, Canada's largest running event, is an annual 10k held in our beautiful city this year on April 21st. Last year, we assembled Blues Run Club with 40+ runners. Bring your friends/family along with you too! Runners of all levels are welcome.

We will contact you after you fill out this form: https://forms.office.com/r/PiSsi1ZKN5

Direct any questions to: 088-vfan@sd43.bc.ca 088-kli2@sd43.bc.ca

### LANGUAGE CHALLENGE EXAMS 2024

Delta School District is again offering Language Challenge Exams for students fluent in a (selected) language other than English. The exams are held in Delta. Posters are up around the school with Delta School District's website - where you can access more information as well as the online application form. For further information go to their website <a href="https://www.deltasd.bc.ca/schools/secondary/challenge-exams/">https://www.deltasd.bc.ca/schools/secondary/challenge-exams/</a> or contact your counsellor: Cindy Campbell (A-Kim), John Gibney (Kin-Neb) or Asia Sidhu (Nec-Z)

- 1. The deadline for applications to the 2023/2024 Language Challenge Exams is **November 3, 2023**.
- 2. Exams will take place on Saturday, January 27th and Sunday, January 28th, 2024. Your exam will take around three hours you will be informed whether your exam is scheduled for the morning or afternoon.
- 3. In the Challenge Exam Application Package, **Page 9 is to be filled out online before you print** the package. You will see the highlighted areas and drop boxes where you should type.
- 4. Confirmation emails will be sent out by **December 15, 2023**.

## HOMEWORK CLUB

Do you struggle to get your homework done? Would you benefit from one-on-one help? If so, Homework Club might be for you!

Location: Room 203 Days: Tuesday & Thursday Time: 3:15 - 4:15 pm

Everyone is welcome!

### **REMINDERS WHEN USING THE BUS**

As Translink is back to regular levels of service, please keep the following in mind when you are taking public transit:

- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
- Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
- With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you're at the right bus stop.
- Other bus riders may not want to hear your conversation—keep the volume down.
- You might miss the bus, or it might be full. Another one will be along soon.
- If you see something unusual when you're on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that it safe for everyone!

## <u>ONGOING</u>

**PARENT FORMS & STUDENT FEES:** School District 43 uses the KEV School Cash Online for both fee statements and District Policies forms. Relevant fees have been uploaded with email notifications.

**STUDENT PARKING PASS:** If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

**PMSS TIMES:** The PMSS Times newsletter will be emailed to parents and students on Tuesdays and Thursdays. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

## **CAREER CENTRE**

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

## PMSS Career Resource Centre

Room: 3066. Open from 8:00am – 3:30pm Monday-Friday.

If you have any questions or to book an appointment, please feel free to email Ms. Rose at jorose@sd43.bc.ca or call 604-939-6656 ext. 3066. Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or e-mail Ms. Rose

For Grade 12, <u>PMSS Big Picture book 2023 2024.pdf</u> Focus on the BIG PICTURE for the Graduates of 2024 – a guide for your Grade 12 Year – Overview of the Year Ahead.

**For Grade 12** - PowerPoint slides copy from September 25<sup>th</sup> Grade 12 presentation. <u>Post-Secondary Application</u> <u>101.pptx</u>

**For Grade 12** - PowerPoint slides copy from October 11, 2023 Grade 12 presentation. <u>Grade 12 Scholarship</u> <u>Presentation .pptx</u>

## Virtual / In-person Information Sessions, Presentations & University / College Fairs

Post-Secondary Info Session Scheduled Visit, 12023-2024 Post-Secondary Info Session Schedule.docx

Post-Secondary BC Mini Fair

November 2<sup>nd</sup> 12:15pm – 1:45pm

Small Gym

**SFU School of Interactive Art & Technology (SIAT)** - the Student Outreach and Engagement Coordinator for **(SIAT)** will be here **October 30<sup>th</sup> during lunchtime (10:50am – 11:40am) in the drama room.** The SIAT offers a variety of courses like 3D animation, UI/UX design, VR, coding, architecture, and more. Most course projects are collaborative, allowing students to learn about the course content while improving their teamwork/communication skills. This program can provide students with a strong foundation in design principles, user experience/interface, and understanding of computer fundamentals.

**UBC Engineering Open House** – On – Campus (UBC Vancouver Fred Kaiser Building 2332 Main Mall) Saturday November 4<sup>th</sup> 10:00am – 2:00 pm. Discover why UBC Engineering is one of Canada's top engineering schools. Prospective high school and post-secondary transfer students are invited to join on the Vancouver campus to explore all that UBC Engineering has to offer through in-person booths and demonstrations. To register and for more information visit, <u>UBC event details</u>. See other information session being offered online and in-person at, <u>UBC events</u> **Capilano University Open House Saturday, November 25, 2023, 11 am-2pm.** Discover Capilano University programs,

Capilano University Open House Saturday, November 25, 2023, 11 am-2pm. Discover Capilano University programs, learn about financial aid and entrance awards, connect with faculty, peers and current students, and visit the Bosa Centre for Film & Animation. For more details visit, CAPILANOU.CA/EXPLORE

**Coquitlam School District Post Secondary International Education Fair** – Meet international education representatives and explore your options. Thursday, November 30, 2023 @ 3:00pm to 6:00pm. Register before November 1<sup>st</sup> to be entered into a draw to win door prizes at the event. To register, <u>Coquitlam School District International Education Post-Secondary Fair November 30 (office.com)</u>

**SFU School of Criminology Undergraduate Program zoom presentation** - November 30, 2023 5:00pm. Register in advance for this meeting: <u>Meeting Registration - Zoom</u>. After registering, you will receive a confirmation email containing information about joining the meeting.

**ECF Education & Career Fairs.** The annual Education & Career Fairs provide an opportunity for high school students to connect with representatives from universities, colleges, and skilled trades learning institutions, and employers from across Canada. More than just a trade show, ECF creates opportunities for individuals or organizations to chat, ask questions and learn together. **All their fairs are completely free to attend!** You can expect to see a medley of professionals and post-secondary representatives in attendance who can help you take the first steps in entering the workforce and/or assisting your students in their pursuit of higher education. For more information visit, <u>ECF 2023</u> (educationcareerfairs.com).

**UBC** info sessions in the lower mainland are virtual this year. However, every week, there are two live info sessions on Zoom that have 30 min at least of Q&A at the end. They also have 1 Application Workshop live on zoom per week where you can learn more about the Personal Profile and how to apply. Registration for UBC online sessions, including Application Workshops and live virtual info sessions is available on our <u>Tours and Events page</u> (under Information

Sessions). They also have a recorded All About UBC presentation available <u>here</u>. Students can email <u>recruitment.ok@ubc.ca</u> with any questions

## **General Learning Opportunities**

**22+ TRADES TRAINING PROGRAMs,** Visit <u>"TRAIN in Trades" Programs - School District No. 43 (Coquitlam) (sd43.bc.ca)</u> **Contact: Ben King** Career & "TRAIN in Trades" Coordinator 778-984-1354 <u>bking@sd43.bc.ca</u>

Biomedical Engineering Department at Vancouver General Hospital - Open House Event on Wednesday, November 1st from 12 PM to 4 PM. It will be open for everyone who may be interested in visiting the hospital and in knowing more about biomedical engineering. There will be medical device demonstrations such as electrical surgical unit, bone scalpel, laparoscopy, ventilator and many more. Students will be able to try out some of these medical devices like real healthcare professionals! Please find their YouTube video introducing their department of what their day-to-day work looks like. <a href="https://www.youtube.com/watch?v=zuAu32W40nE&ab">https://www.youtube.com/watch?v=zuAu32W40nE&ab</a> channel=BCBiomed. Interested students must have parent and teacher permission to miss class to attend this Open House.

**UBC Sauder School of Business** invite interested students to join their on campus for **Fall Preview 2023**, an in-person info session designed for students interested in applying to UBC BCom program and their families. **Date:** Saturday, November 4, 2023 **Time:** 9:00am - 12:30pm PDT **Location:** 2053 Main Mall at UBC Vancouver **Registration is required.** This event is designed for students in Grades 10 and 11 but is open to any high school student hoping to learn more about the UBC BCom program. A livestream broadcast will also be available—when registering, students can select the livestream option to access the Zoom link. <u>Register for the Fall Preview 2023</u>

**2024 Junior Firefighter Programs School** District NO. 43 is partnering with both Coquitlam Fire Rescue and Port Moody Fire Rescue to offer two different junior firefighting programs for 2024. These programs are open to SD 43 students in grades 11 and 12, and help applicants understand the basic physical and educational components required of new recruits. Applications are open Nov. 1–Dec. 8, 2023. For more information see, <u>2024 Junior Firefighter Program Flyer</u>. Info session will be November 8<sup>th</sup> during lunch time (11:35am - 12:25pm) in the library.

The district will be participating in **UBC Black Futures** again this year. The Black Futures program is a unique opportunity for Black-identifying Grade 10-12 students from across Greater Vancouver to be introduced to post-secondary options and discussions about higher education. The program consists of both online and in-person meetings at UBC. High school students work with UBC students, as well as a variety of faculty and other professionals. There is no cost for students to attend—they will be bussed to and from UBC. If you have any question, please reach out to Denise Nembhard the Vice Principal at Port Moody Secondary School, or Dr. Annette Henry and Batheseba Opini at UBC (<u>UBC.Blackfutures@ubc.ca</u>). Please complete Black Futures 2023 2024 Field Trip Consent Form.pdf and return the completed form to Ms. Nembhard or Ms. Rose by **November 9th.** For more information, please click <u>HERE</u>.

**Tundra's Women in STEM** invite students to their annual event on **Thursday, November 9**, at **535 Thurlow Street**. The students will hear a live keynote from Margot Lee Shetterly, author of Hidden Figures, a panel discussion with distinguished industry leaders, and connect with mentors for a face-to-face group session. The event is completely free for all to attend, and parents are also welcome to join. Registration is open right now, but spots are limited. **RSVP** : https://bit.ly/TundraSTEMGlobal

**Millennium STEM BC** presents STEMCon 2023, a province-wide STEM conference featuring a variety of networking opportunities and hands-on tech workshops for high school students. The event will be held at the BCIT Tech Collider in downtown Vancouver. Through STEMCon 2023, students will be given the opportunity to collaborate with like-minded individuals and professionals in STEM industries, learning the importance of technology and its practical applications across a diversity of careers. STEMCon this year will feature three workshop streams for various interests: Personal Health, Community Health, and Environmental Health. **WHERE**: BCIT Tech Collider (555 Seymour Street) **WHEN:** Saturday, November 18th, 2023 (9am - 4pm; registration begins at

8:30am) **REGISTER**: <u>stemcon2023.eventbrite.com</u>. For more information, visit their conference page at <u>bit.ly/millenniumstembc</u>.

**BCIT Biotechnology Career Awareness Workshop.** NOW ACCEPTING APPLICATIONS for the BCIT Career Awareness Workshop. Workshop A: Winter Term - December 11 – 15, 2023. The program is directed at Grade 10, 11 and 12 students with a strong interest in science who want to learn more about applying biology to real-world problems such as human disease. It is built on a partnership between BCIT, local biotechnology companies and participating school districts. They will be accepting 24 students with priority given to Grade 12 students first and then Grade 11 and 10 students based on date order they apply and district allotment. To apply and for more information, <u>BCIT 2023</u> <u>Biotechnology Career Awareness Workshop Program.</u>

**SHAD Canada**, Spend the month of July exploring the world of STEAM and entrepreneurship through exciting lectures, experiential workshops, team-building activities, and a design project that inspires students to tackle real-world problems. <u>Shad programs</u> give Grade 10 and 11 students a once-in-a-lifetime opportunity to grow their mindset, collaborate in a university classroom with youth across the country (and internationally!!), and build community change maker capabilities using #STEAM4Good to make an impact! To apply and for more information visit, <u>Shad Canada | Apply for Shad2024!</u>

**Society of Canadian Women in Science and Technology (SCWIST).** SCWIST is an advocate for Equity, Diversity and Inclusion (EDI) in schools, universities, businesses and Canadian society, and supports efforts to promote equality for all, especially within science, technology, engineering and math (STEM). Applications for their <u>eMentoring program</u> are

now **open.** eMentoring runs three times a year. The program is available for any students who identify as female or women, girls, trans, genderqueer, non-binary, two-spirit, and gender questioning. Sign up for eMentoring and they can put you in touch with a professional woman who is closely matched to your own interests or understands your situation. To apply, <u>eMentoring Application - SCWIST</u>

**Shad** offers a digital program, <u>ShadAnywhere</u>, that is accessible to youth across Canada (and internationally!). In partnership with Athabasca University, students get access to university content, mentors, digital field trips, Indigenous knowledge sharing and community building events. ShadAnywhere participants have the opportunity to complete the <u>Elevate your Personal Brand MOOC</u> and the Introduction course of the <u>AI Ethics Micro-credential</u> <u>Certificate</u> through Athabasca University. Both of these courses are asynchronous, giving students the opportunity to complete at their own pace. Students will have 90 days, beginning at the program start, to complete these courses and earn university credit.

## **Volunteer/Employment Opportunities**

**The Åéxətəm (Colony Farm) Park Association**, a nature based local charitable organization would like to offer a fun, fall opportunity to student volunteers in our community. They are seeking students who enjoy nature and parks as well as interacting with children and families. They need volunteers to support their Hunter's Moon Festival on Saturday, October 28<sup>th</sup>. If interested, please contact Laura Dupont at 604 328 8026.

**PICS Youth Service Corps** - PICS is a registered non-profit organization. They have 2 free volunteer programs for youth aged 15-29 and are currently recruiting participants. The programs are funded by the Canadian government. It's free for participants, and comes with perks including certificates of completion, a letter of reference, a subscription to Coursera, travel expenses, and more. With our programs, students can accumulate a minimum of 120 volunteer hours. See flyer for more details, <u>Youth Service Corps Programs flyer</u>.

<u>MusicXConnect – Join a music-based non-profit</u>: Hi PMSS! We are MusicXConnect, a youth-led registered non-profit in Canada focused on sharing music with the community and bringing music resources to youth. We are looking for students that are passionate about music and working with the local community. Currently we are looking for:

- New music groups (string ensembles, jazz groups, rock bands, etc.)
- Video-editors for an online music database project

If you are interested as a music ensemble please visit: <u>https://musicxconnect.org/join-us/</u>.

If you are interested as a video editor, please fill out this form: <u>https://forms.gle/Puye9W2LcXz3UJKT8</u>.

Inlet United Church at The Springs in Port Moody is partnering with Chef Fred Soofi, to host a Harvest Dinner Fundraiser on Saturday, October 28th. They are looking for **volunteers** to help in setting up the sanctuary for the dinner, on the morning of Saturday, October 28th. It would include setting up the tables, setting out the chairs, placing tablecloths and decorating. If you are interested please email Fran Mitchell <u>fmitchell@telus.net</u>.

**Legion British Columbia/Yukon Command** is looking for volunteers to help with their service. Their service include: organizing and helping at events, cooking meals, fundraising for the poppy campaign, managing branch social media pages, designing posters and graphics and much more. Go to <u>Home - Legion BC/Yukon Command (legionbcyukon.ca)</u> to find your local branch.

**Port Coquitlam Recreation** is excited to be offering a number of volunteer opportunities for people 14+ years of age beginning this Fall, including afterschool programs, skate and swim lessons, art programs, a youth leadership group, and community events. This is a great opportunity for anyone looking to build their resumes, develop their leadership skills and connect with their community. Applications are now available on our website

The **Port Moody Public Library** is looking for teen volunteers for their Book Buddies and Code Buddies programs (inperson and online). You can get experience, leadership skills, and volunteer hours working with kids. Apply to become a teen volunteer at <u>Teen Volunteer Programs - Port Moody Public Library (portmoodylibrary.ca)</u>.

Seaview Community School and Miller Community School are looking for volunteers to help with their afterschool programs. Program Details: The afterschool programs provide students with a variety of games and activities including Arts & Crafts, Lego & Board Games, Outdoor Games (weather permitting), homework help and much more! Position: Looking for volunteers to play, to hang out with the kids, play board games, do crafts, help supervise and cleanup. Location: Seaview Times: 2:45/3 pm – 5:00 pm; Monday – Friday (You can volunteer for 1 hour or 2 hours). Miller Park Times: 2:45 – 4:45 pm; Monday – Friday (You can volunteer for 1 hour or 2 hours). If you are interested, please email Ms. Neelofar Nurani at <u>nnurani@sd43.bc.ca</u>

**Youth Leadership Millennium (YLM)** program hosted by non-profit S.U.C.C.E.S.S., which is one of the largest charitable organizations in British Columbia providing services in settlement, language training, employment, family and youth services, and community development. YLM program provides youth aged 15-30 with opportunities to develop leadership skills, engage with their community, and build confidence. It is a free 8- month long leadership program. YLM offers certificate, 120 service hours, training certificates, reference letters and more. To register and for more information visit, <u>https://successbc.ca/forms/career-and-youth-services-group-registration-form/</u>

## Scholarship / Awards

List of Scholarships, Awards, Bursaries .docx

Wondering what scholarships are available for you? Go to, <u>Scholarships Made Simple | ScholarTree</u> and sign up. This website will provide you with a list of scholarships that you may be qualified to apply for.

**Canadian Psychological Association** - Canadian Indigenous Student Award Program - Every year, CPA will host a competition for one (1) scholarship for a student entering their first year of an undergraduate degree in psychology at a Canadian university, as well as one (1) scholarship for a graduate student entering graduate studies at a Canadian university. This award will support one undergraduate and one graduate student, each with \$4000.00 awarded during their first year of study. This award is renewable for additional years, up to (3) for undergraduate students and up to (5) for graduate students. To apply, <u>Indigenous Student Award: Scholarship in Undergraduate & Graduate Psychology</u> <u>Canadian Psychological Association (cpa.ca)</u>. Deadline for applications is **November 1, 2023**. click here for full instructions: <u>Indigenous Student Award Instructions-EN-OCT2022.pdf (cpa.ca)</u>

**Rotary Youth Exchange** - **The Rotary Study Abroad Scholarship** is currently seeking students looking for an adventure for the 2024 – 2025 School year! The scholarship covers tuition, room and board and monthly stipend. 2024 – 2025 Exchange **Applications Deadline November 1, 2023**. To apply, <u>Home Page | Rotary District 5050 Youth Exchange</u> (youthexchange5050.org). <u>RYE Scholarship flyer 2024-2025 October Info Session 1 page poster.pdf</u>

**TD Scholarships for Indigenous Peoples -** <u>AFOA Canada</u>, a not-for-profit led by Indigenous Peoples and TD worked to build a scholarship for Indigenous Peoples. Through it, 25 scholarships are available to be awarded annually, worth up to \$60K over 4 years. Applications are now open and will close on November 6, 2023 at 11:59pm EST. Apply now, <u>TD</u> <u>Scholarship for Indigenous Peoples – AFOA Canada</u>

The Lester B. Pearson International Scholarships at the University of Toronto provide an unparalleled opportunity for outstanding international students to study at one of the world's best universities in one of the world's most multicultural cities. Pearson Scholars will receive full funding for four years of tuition, books and living costs, and gain a global perspective on issues that matter most to them. Visit <u>The Lester B. Pearson International Scholarships - Future</u> Students. University of Toronto | University of Toronto (utoronto.ca) for complete details. PMSS Scholarship committee will select one graduating student for nomination. To be nominated see application instruction, Lester B. Pearson International Scholarship Application.pdf Submit application by November 9, 2023.

**Queen's University** Chancellor's Scholarship – For those who are applying to Queen's University you may be qualified to apply for the <u>Chancellor's Scholarship</u>. To apply, <u>2023-25 PMSS Nomination-Queen's Chancellor's Scholarship</u>. **Deadline to apply, November 14<sup>th</sup>, 2023.** 

**TD Scholarships for Community Leadership** - Are you a student in your final year of high school (if you live outside Quebec), or in your last year of CEGEP (if you live in Quebec)? Have you shown a commitment to making a positive difference in your community? You may be eligible for a TD Scholarship for Community Leadership valued at up to \$70,000 over 4 years towards a post-secondary college or university education. Apply online between September 6 and November 15, 2023. Apply now, <u>Scholarship Partners Canada | Universities Canada</u>. All applications and supporting documents must be submitted online by 1:00 p.m. EST, **Wednesday, November 15, 2023.** 

**Terry Fox Humanitarian Award** – Valued at \$28,000 The Terry Fox Humanitarian Award is one of Canada's most established and prestigious awards. The Terry Fox Humanitarian Award is interested in students who demonstrate **compassion** and a **keen commitment** to **easing the suffering of others**, especially those who address critical needs in society. Terry Fox Scholars are **'doers'** with the ability to **inspire** and make **a positive impact** on the lives of others. Visit, <u>Terry Fox Humanitarian Award</u> | (terryfoxawards.ca) for more details and to apply. Application opens on November 1<sup>st</sup>, 2023. **Deadline to apply December 1<sup>st</sup>, 2023.** 

**Horatio Alger Canadian Scholarships** - For grade 11 students with Financial need. 160 \$5,000 Scholarships Awarded Funded through the generosity of the members of the Canadian Association. The Canadian Scholarships are awarded to eligible students across all provinces and territories in Canada. For more details visit, <u>Canadian Scholarships - Horatio</u> <u>Alger Association Canada</u>. The application opens December 1, 2023.

**The Kinsmen Club of Coquitlam** is pleased to promote a fantastic funding opportunity for volunteer-minded postsecondary students in our community - \$1000 bursaries through the Kin Canada Bursaries Program! All students attending a recognized university, college, trade school, or technical institute in the 2024-2025 academic year are encouraged to apply. **Kin Canada Bursaries** are awarded to students based on demonstrated financial need, volunteerism, and knowledge of Kin Canada and the Kinsmen Club of Coquitlam. For more information or to apply, please see <u>Apply - Kin Canada</u>. **Applications are due by February 1, 2024** at 11:59 p.m. Pacific Time.

**The Leonard Foundation scholarships** are awarded to students enrolled or enrolling in an accredited undergraduate degree program in a college or University in Canada. The institutions must be open to all without restriction except for an academic standard. Applicants must be Canadian citizens or landed immigrants. A **true financial need must be demonstrated**. For more information and to apply visit, <u>Eligibility - leonardfoundationdemo.online</u> (leonardfnd.org). Scholarship Value approximately 100 @ \$1,000 - \$1,500. **Deadline to apply is March 31, 2024.** 

**Legion British Columbia/Yukon Command** offers bursaries to students in need of financial assistance. Visit, <u>Find a</u> <u>Legion Branch - Legion BC/Yukon Command (legionbcyukon.ca)</u> to see if you are eligible for their bursary. **2023** – **2024 Schulich Leader Scholarships. The Schulich Leader Scholarships** are the largest and most prestigious entrance scholarships awarded to high school graduates enrolling in Science, Technology, Engineering or Mathematics (**STEM**) program at 20 Canadian partner universities. Each year, 100 scholarships are awarded – 50 for engineering students valued at **\$120,000 per** scholarship and 50 for science, technology or math students valued at **\$100,000 per** scholarship in your discipline, students must be **nominated** from their high school, and they must have applied to at least one of the 20 partnered institutions. See attached application for more information, <u>2023-2024 Schulich Application.pdf</u>

## **PARENTS**

## PMSS 2023-2024 SCHOOL CALENDAR: Please click HERE for the 2023-2024 School Calendar

For information regarding PAC, please visit https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages

We would like to welcome and thank the following parents for joining the PAC for the upcoming 2023/2024 school year. Congrats to:

Alicia Purvis: PAC Chair Grace Liang: Vice Chair Miwa Aoki : Secretary Fanny Feng: Treasurer

DPAC Rep: OPEN AfterGrad Chair: OPEN AfterGrad Secretary: OPEN AfterGrad Treasurer: OPEN



erase Family Sessions 2023/2024

Questions regarding general erose training may be emailed to: erase@gov.bc.ca

Training Offering	Dates	Delivery	Registration Link
Family Session: Establishing Safe, Caring, & Respectful Digital Communities – Everyone Welcome! Recommended for Parents/Caregivers/Grandparents and youth aged 10 and up as a way to	November 8, 2023 6:30pm – 7:30pm	online	https://www.eventbrite.ca/e/732334942527?aff=oddtdtcreator
facilitate the conversation of safe and caring use of technology at home and in the community. This session covers all things digital, from how to be a good digital citizen, the criminal consequences of cyberbullying, and	November 28, 2023 7:00pm – 8:00pm	online	https://www.eventbrite.ca/e/732343096917?aff=oddtdtcreator
how to report and receive support in cases of sexting/sextortion. Some of the most prominent concerns currently surrounding use of social media platforms, smartphones, and artificial intelligence will be discussed.	November 30, 2023 6:30pm – 7:30pm	online	https://www.eventbrite.ca/e/732346587357?aff=oddtdtcreator



1080 Winslow Ave., Coquitlam, British Columbia V3J 0M6 • Phone 604-939-9201

October 6, 2023

#### A Message to SD43 families: Safe and Appropriate Halloween

Halloween across all schools in SD43 is a fun and festive day which brings the school community together. Typically, the time around Halloween is incident-free and very respectful.

From time to time, a few students "in character" push the boundaries of what is socially acceptable, or what is appropriate behavior in schools, sometimes at the expense of others. With that in mind, for student safety and school climate reasons, and to ensure that every student and adult in our community enjoys the time around Halloween, we would like your assistance in reinforcing these guidelines with your children:

- Students in costume should be easily recognizable and/or identify themselves to any staff member when
  queried. Also, students "in character" are to conduct themselves appropriately. Behaviors which intimidate,
  harass, or humiliate members of the community do not contribute to a fun, festive, and safe environment.
- Replica weapons (guns, knives, etc.) are inappropriate, as are costumes which are hyper-sexualized, or costumes which depict elements of sexual exploitation.
- It is also important to note that costumes which portray negative stereotypes or that demean or make fun of any group of people are inappropriate. Costumes should not make light of anyone's religious, cultural, ethnic or racial group.

As a reminder, by law and School District expectations, the use and possession of firecrackers or fireworks at school is strictly prohibited. This pertains to students before, during or after school, on or offsite.

With respect for each other, we can avoid any disruption to school communities in the form of vandalism and/or disrespectful, potentially dangerous behaviour. Students and parents need to be mindful that inappropriate behaviour will be addressed by school administration under the authority granted by the BC School Act and with the involvement of police where appropriate.

Please refer to these readily available public websites for more information:

https://www.coquitlam.ca/286/Fire-Safety-Tips https://www.portcoquitlam.ca/city-services/fire-emergency-services/fire-safety-information/ https://www.portmoody.ca/en/city-services/fall-safety-tips.aspx#Halloween-Safety

Have a safe and happy Halloween.

Sincerely,

Petricia Harthand

Patricia Gartland Superintendent/CEO

Serving the Communities of Anmore, Belcarra, Coquitlam, Port Coquitlam and Port Moody



## **Parent Information Sessions**

#### **Creating Effective Partnerships – November 7th**

School District 43 in partnership with Kinsight Family & Individual Support Program, invites parents and caregivers of children who have developmental delays, disabilities or diverse learning needs to join us for an information session highlighting the various district supports and services available. Meaningful inclusive practices, programming, collaborative IEP development, and the importance of building an effective partnership between school, and the home team will be reviewed.

#### Planning for the Future – November 16th

School District 43 invites parents and caregivers of high school students with developmental delays, disabilities, and diverse learning needs to an information session intended to help families think about, and plan for the transition from high school to adult life. This presentation will include a panel of guest speakers representing school district 43 programs, inclusive post-secondary institutes, employment supports, government agencies, and community supports. Entering adulthood is an important milestone, therefore taking action early will help create a smooth and successful transition plan for the future.

#### Transition into Kindergarten – January 11th

The Learning Services Zone Coordinators and other school personnel from School District # 43 invite parents and caregivers of children with developmental delays, disabilities, and diverse learning needs to an information session to discuss what to expect when your child enters kindergarten. We will also discuss how you can be involved to help make the transition successful for your child as they embark on their educational journey.

#### Stepping Up to Secondary School - February 6th

School District 43 invites parents and caregivers of middle school students with developmental delays, disabilities, and diverse learning needs to an information session focusing on how Secondary School can provide meaningful educational opportunities that support the student's development, maturity and progress towards future goals. A successful transition to Secondary School means that students have access to classes and school experiences that prepare them for what comes after high school – postsecondary education, employment, and full participation in all aspects of community life.

#### Time to Talk About Middle School – March 5th

School District 43 invites parents and caregivers of elementary school students with developmental delays, disabilities, and diverse learning needs to an information session discussing the differences between Elementary and Middle School. We will focus on the transition process, Middle School culture and routines, structures to support student success, and the benefits of meaningful collaboration to develop the student's program.

When: 7:00pm - 9:00pm (doors open at 6:30pm) Location: Education Learning Center - Room B103/B104 1080 Winslow Avenue, Coquitlam

Questions? Please contact Colleen Lambert at <u>colambert@sd43.bc.ca</u>

Please note, registration is required. Click <u>HERE</u> to register



# Protect children from respiratory illnesses this winter

Respiratory illnesses tend to increase as we spend more time indoors. Common colds, the flu and COVID-19 spread through tiny droplets as people who are sick breathe, talk, cough or sneeze. When other people touch these droplets and then their eyes, mouth or nose before washing their hands they may become sick.

There are a handful of steps both children and adults can take to protect themselves and limit the spread of respiratory illnesses:

- Wash your hands often with soap and water. Use alcohol-based sanitizer if soap and water is not available.
- Avoid touching your face, especially your eyes, mouth and nose.
- Cough and sneeze into your elbow.
- If you have symptoms, stay home and stay away from people at higher risk of serious illness.

### Flu and COVID-19 vaccinations

The best way to protect others and reduce the risk of getting sick with the flu and COVID-19 is to <u>get</u> <u>immunized</u>. The flu and COVID-19 vaccines are safe, effective, and available for free to anyone aged six months and older.

It is much safer to get the vaccines than to get the illnesses. Register your children with the Get Vaccinated system so that you can be invited to book their vaccinations when they are due.

Learn more here: https://ow.ly/5WWe50PYIYC



창 fraser health





## <u>FOUND</u>

This was found on St Johns Street a week ago and can be picked up at Port Moody Integrated Health Clinic.

